

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> HOT southwest chicken chorizo & cheese bagel <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> HOT buttermilk pancakes orange juice available <p style="text-align: right;">2</p>
<ul style="list-style-type: none"> snow flurries cereal (DF) orange juice available <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> HOT cheddar cheese & omelet gordita <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> blueberry muffin pineapple juice available <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> HOT egg & sausage quesadilla <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> HOT french toast w/ turkey sausage & egg orange juice available <p style="text-align: right;">9</p>
<ul style="list-style-type: none"> cinnamon "dipper doodle" bar (DF) <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> HOT breakfast panada pie w/ eggs, cheese & green chilies <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> HOT buttermilk pancakes pineapple juice available <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> HOT egg & cheese brekwich <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> HOT cheesy omelet orange juice available <p style="text-align: right;">16</p>
<ul style="list-style-type: none"> cheerios & zac attack apple bar (DF) orange juice available <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> yogurt & granola <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> HOT cinnamon toast bagel pineapple juice available <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> HOT classic chicken sausage & cheddar brekwich <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> HOT french toast sticks orange juice available <p style="text-align: right;">23</p>
<ul style="list-style-type: none"> cinnamon chex & zac attack apple bar (DF) orange juice available <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> HOT cheesy omelet <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> HOT egg & sausage quesadilla pineapple juice available <p style="text-align: right;">28</p>		

Did You Know?

As your first meal of the day, breakfast provides you with the energy you need to start the day off right!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered three times per week.

This institution is an equal opportunity provider



February

Tangi Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> baked mac & cheese w/ chicken bites green peas <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> classic chicken parm pasta glazed carrots <p style="text-align: right;">2</p>
<ul style="list-style-type: none"> cheesy pizza bites (V) celery sticks w/ ranch <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> lone star bbq sandwich broccoli <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> chicken teriyaki (DF) grape tomatoes & pinto beans <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> NEW Philly cheesesteak sandwich steamed corn <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> baked mac & cheese w/ bbq chicken glazed carrots <p style="text-align: right;">9</p>
			<ul style="list-style-type: none"> bfast for lunch: pancakes & chicken sausage braised greens <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> ham & cheese sandwich steamed carrots <p style="text-align: right;">16</p>
<ul style="list-style-type: none"> buffalo chicken "crunchadilla" steamed corn <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> NEW chicken potstickers & not-so-fried rice broccoli florets & ranch <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> jerk chicken drumstick & pineapple carrot rice (DF) smoky black eyed peas & grape tomatoes <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> pasta w/ zesty beef coleslaw <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> the revolution dog (DF) steamed carrots <p style="text-align: right;">23</p>
<ul style="list-style-type: none"> beef cheeseburger edamame & baby carrots <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> NEW scoops w/ chicken & green chile cheese dip (V) chopped lettuce & sliced tomatoes w/ ranch <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> firecracker chicken & noodles chilled, seasoned green beans <p style="text-align: right;">28</p>		

What's New?

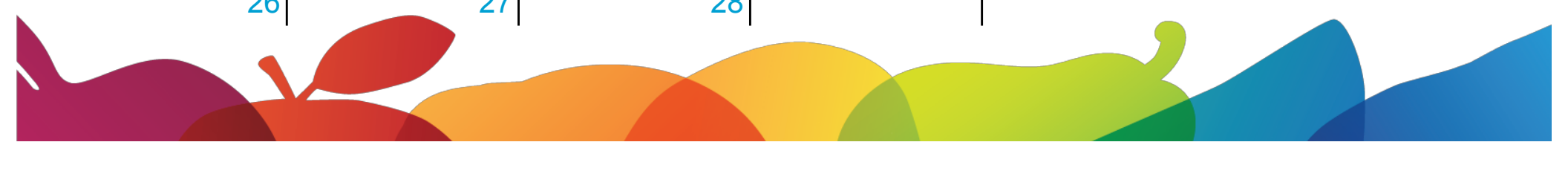
We have a lot of delicious new meals to try this month!

Philly Cheesesteak, Potstickers with Not-So-Fried Rice and Scoops with Chicken and Cheese Dip!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day



February

Tangi Snack



Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> honey wheat crackers & fruit <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> goldfish cheddar crackers & fruit <p style="text-align: right;">2</p>
<ul style="list-style-type: none"> honey grahams & fruit <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> yogurt & fruit <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> ranch rumbles & fruit <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> blazin' hot sunflower seeds & fruit <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> cinnamon rumbles & fruit <p style="text-align: right;">9</p>
<ul style="list-style-type: none"> goldfish "hot & spicy" cheddar crackers & fruit <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> ranch rumbles & fruit <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> educational snacks & fruit <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> blazin' hot sunflower seeds & fruit <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> string cheese & fruit <p style="text-align: right;">16</p>
<ul style="list-style-type: none"> sunflower seeds & fruit <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> educational snacks & string cheese <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> goldfish "hot & spicy" cheddar crackers & fruit <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> string cheese & fruit <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> goldfish cheddar crackers & fruit <p style="text-align: right;">23</p>
<ul style="list-style-type: none"> goldfish pretzels & fruit <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> string cheese & fruit <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> goldfish "colors" cheddar crackers & fruit <p style="text-align: right;">28</p>		

Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

